

How to hand sew a face covering

Using a dinner plate as a template, draw a circle on your desired material, ready to cut out.



I like to have a central layer to make the face covering a little thicker, for this I use an old pillowcase. I use the same plate again, though I will only be using half of the circle.



Cut your circles in to 4 equal pieces.



With the top side facing inwards, place your quarters in pairs. On one of the patterned pairs and on one of the inner layer pairs, pin all the way along. On the other of the patterned pairs, fold over the central areas and pin – this will be your filter flap.



On the patterned pair with the flap folded over, use a running stitch to sew along as shown in the image below. You should end up with something like this third image when you turn it inside out.



Sew the other 2 pairs all the way across using a running stitch.



I like to cut the corner from my centre (filler) piece. This helps you get through the material easier later on if you are hand sewing, whilst still providing the additional layering.



Place the 3 layer together – begin with the layer with the hole first, put this on the bottom with the nice side facing upwards, next add the 2nd patterned layer, this time with the nice side facing down (so both layers would be facing each other). Next add the filler layer with the nice side facing upwards. Pin all 3 layers together, the whole way around.



Sew around the entire mask using a running stitch.



Using the filter hole, turn the whole mask the inside out (so the correct way out). Make sure you pull out the corners so it is flush.



Turn down the corners of the mask, towards the inside and sew along. Insert your elastic and knot at the correct size for your wearer.



Your mask is now complete! Use disposable filters in the filter pocket, if you don't have them you could use folded kitchen roll.

